



Pre-Surgery / Pre-procedure Instructions

Notify your doctor if you are ill, develop a fever, rash or cold symptoms. For your safety, your surgery/procedure may be postponed until you are feeling better.

All patients are required to be driven home and accompanied by a responsible adult. Please make arrangements prior to your surgery/procedure.

- Be on time
- Provide your surgeon and PAES a contact number where you can be reached the day of surgery; Arrival times may need to be changed
- Take only the medicine you have been told to take on the morning of your procedure
- Bathe or shower and brush your teeth before you come in
- Do not shave the surgical area for one week before surgery
- Call your surgeon if you become sick, have cuts or rashes near the surgical site, or if you have other concerns before your surgery
- Do not eat anything after 11 p.m. the night before surgery – this includes candy, mints, or chewing gum
- Do not smoke for at least twelve (12) hours before your surgery
- If you are 17 years of age or younger, a parent or guardian must come with you to the hospital and stay throughout the stay
- Wear loose-fitting clothes and flat shoes
- Arrange for a responsible adult to take you home after your surgery if you are scheduled for an outpatient procedure
- Arrange for someone to stay with you for at least 24 hours when you return home
- Select one adult family member to stay the night as a partner in caring, to help with your care as much or as little as you'd like. All of our patient rooms are private; the nurses caring for you after your surgery will discuss the Care Partner Program with you