

Diabetes Medication: Before Surgery or a Procedure

If you have been given other instructions by your diabetes doctor, please tell the nurse.

One day before surgery or procedure:

- While still eating your usual diet, take all your diabetes medicines, including insulin up to any taken with dinner.
- **Insulin Instructions:**
 - At bedtime, do not take any short-acting insulin (Humalog, Novolog, Apidra, Regular) unless your blood sugar is higher than 250 mg/dl.
 - At bedtime, if you take a long-acting insulin (Lantus, Levemir, Toujeo, Tresiba, Ryzodeg):
 - Take your usual dose if your morning blood sugar is usually GREATER than 100 mg/dl.
 - Decrease your usual dose by 20% if your morning blood sugar is usually LESS than 100 mg/dl. **(Usual dose x 0.8= amount of insulin to take at bedtime)**

On the morning of surgery or procedure:

- **Insulin Instructions:**
 - If you take long acting insulin **only** in the morning (Lantus, Levemir, Toujeo, Tresiba, Ryzodeg, NPH, 70/30):
 - Take your usual dose if your morning blood sugar is usually GREATER than 100 mg/dl.
 - Decrease your usual dose by 20% if your morning blood sugar is usually LESS than 100 mg/dl.
 - If you take long acting insulin twice a day: Do not take the morning dose but follow the above instructions (under “one day before surgery”) for your bedtime dose.
 - If you take short-acting insulin in the morning (Humalog, Novolog, Apidra, Regular): Do not take this dose.
- Do not take any of your diabetes medications by mouth (pills).
- Do not take any of your non-insulin injectables: Adlyxin, Bydureon, Byetta, iDegLira, Saxenda, Soliqua, Tanzeum, Trulicity, Victoza, Xultrophy.

If you take Humulin R U-500 insulin:

- Let your surgeon know one week before your procedure or surgery.
- Speak with your diabetes doctor one week before your procedure or surgery.

If you use an Insulin Pump:

- Let your surgeon know one week before your procedure or surgery.
- Speak with your diabetes doctor one week before your procedure or surgery.

- On the day of your surgery or procedure, tell your nurse about your insulin pump. The nurse will decide if you need to remove the pump.

**For other diabetes medications, call your diabetes doctor for instructions.