

### Dear Prospective Volunteer:

Thank you for your interest in the volunteer program at Sharp Grossmont Hospital. Our volunteers work throughout the hospital and share their skills to help the hospital fulfill its mission of excellence in patient care and customer service.

Adult and college student volunteers must be at least 18 years of age.

### **Volunteers must also complete the following steps:**

- New volunteer orientation
- Personal interview (scheduled at the time of orientation)
- Health screening (to be completed once in the program and after personal interview)
- General training
- Additional training in the assigned job

#### **Health Screening:**

Information about the required vaccinations is provided in the personal interview. Required vaccinations include: TB skin test, MMR (measles, mumps and rubella) and Tdap (tetnus, diphtheria and pertussis). Women's Center volunteers have an additional compliance of varicella, please do not get this until AFTER you have completed all of your TB skin testing at Sharp EOHD. If you have had a live virus vaccine such as MMR or Varicella, we are required to wait 4 weeks before we can give you a TB skin test and this would delay your start as a volunteer.

Volunteers in most service areas will also need to purchase a volunteer uniform. We require a minimum commitment of 100 hours of service, and most volunteers work at least two 4-hour shifts per month. Volunteers are eligible for a wide range of benefits, including a free meal while on duty and the opportunity to participate in some of the same programs and discounts offered to hospital staff.

We offer a variety of volunteer opportunities and make every effort to match your particular skills and interests with the hospital's needs. If you are interested in learning more about the volunteer program at Sharp Grossmont Hospital, please complete the attached application and return it to us in the envelope provided.

If you have any questions regarding this process, please call the Volunteer Office at (619) 740-4059, or email sgh.volunteers@sharp.com. Again, thank you for your interest in Sharp Grossmont's Volunteer Program.

Sincerely,

Linda Van Fulpen, CAVS Manager, Volunteer Services

Inda Van Fulpen

Kay Andalis, CAVS Supervisor, Volunteer Services

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I am currently: □ Employed □ Unemployed □ Retired □ In school − Please submit the College Student Application instead						
Work Experience						
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## Sharp Grossmont Hospital ~ Adult Volunteer Application Special Skills/Hobbies Do you have any physical disabilities that would limit your volunteer activities? Please answer Yes or No. N/A is not an acceptable answer. If so, please describe: What do you hope to gain from your volunteer experience? How did you hear about our program? Preferred work hours: □ Days □ Evenings □ Weekends Preferred area of service: □ Clerical □ Patient Visits □ Visitor Assistance □ Gift Shop □ Thrift Shop □ Other (See below) Other: I understand that I am volunteering my services to Sharp Grossmont Hospital without promise or expectation of compensation or future employment. I further agree to serve as a volunteer for a minimum of 100 hours within the next year. Date Signature

## Please return completed application to:

Sharp Grossmont Hospital, Attn: Volunteer Services, P.O. Box 158, La Mesa, CA 91944 Or e-mail the application to: SGH.Volunteers@Sharp.com

# Sharp Grossmont Hospital Volunteers Can...

Talk to patients \* Answer phones \* Deliver medications \* Sew lap robes for Rehabilitation patients \* Push wheelchairs \* Greet visitors \* Stuff envelopes \* Escort patients and visitors \* Assist in our Gift Shop \* Crochet baby hats \* Run errands \* Help out at our Thrift Store \* Sew gowns for children in the Emergency Room \* Swim with rehab patients \* Deliver flowers to patients \* Stock medical supplies \* Drive a golf cart shuttle \* Staff blood drives \* Sing to patients \* Deliver books and magazines to patients \* Assist families in the Emergency Department \* Use a computer \* Offer spiritual support to patients and their families \* Raise money for the hospital \* Escort pet therapy dogs \* Comfort patients and families \* Make new friends

And most of all – make a difference!

Sharp Grossmont Hospital Volunteer Services (619) 740-4059 www.sharp.com/grossmont

